

## **1. Pre-natal and Post-natal care**

Total Marks: 100

External Marks: 70

Internal Marks: 30

Credits: 6

Pass Percentage: 40%

- Unit 1: Mother Care: Pregnancy, Discomforts, physical & psychological care. Growth & development during pre-natal period and immediate responsibilities of post-natal conditions.
- Unit 2: Reflexes of new born child, Breast and Bottle feeding, Weaning / changing nappies and bathing.
- Unit 3: Clothing of the Infant, Clinical follow-up of mother and child.
- Unit 4: Common childhood illness (cold, cough, rubella, fever, measles, diarrhoea etc) & Prevention and management (Immunization schedule).

## **2. Child Development**

Total Marks: 100

External Marks: 70

Internal Marks: 30

Credits: 6

Pass Percentage: 40%

- Unit 1: Child Development: Definition & Importance, Stages of child development. Principles and factor affecting the child development.
- Unit 2: Theories of child development: Physical and motor development, factors affecting physical growth and motor skills.
- Unit3: Emotional and social development: Definition, factors of emotional & social development during Infancy & Childhood, common childhood emotions, role of family & School in socialisation of child.
- Unit 4: Speech and Play Development: Importance of speech & play development, factors affecting language development. Tasks how children learn to speak, Importance of selection of suitable toys and play material for the child, Common play activities for the child.