

Roll No.

Total Pages: __

Paper ID: CGT001

Course Code: CCGT1

Examination (January - 2024)
Certificate/Diploma in Care Giver

Environment, Health and Disability

Time Allowed: 2 Hours

Max.Marks: 70

Instructions for the Students

1. The question paper shall consist of 70 Multiple Choice questions.
2. All questions are compulsory. Each question carries 1 mark.
3. There will be no negative marking.

<p>Q1. Crae giving job may involve:</p> <p>a) Assisting with meals and personal care. b) Helping with medical procedures. c) Providing care for physical and emotional needs. d) All of the above.</p>	<p>Q2. Deficiency of Vitamin A in diet causes:</p> <p>a) Night blindness b) Sore throat c) infection d) Skin rashes</p>
<p>Q3. Select from the following group of eatables each member of which is rich in iron:</p> <p>a) Spinach, Jaggery b) Cabbage and tomato c) Potato and carrot d) Rice and pasta</p>	<p>Q4. Which of the following disease is caused by deficiency of Hb (Haemoglobin)?</p> <p>a) Malaria b) Anaemia c) Rabies d) Cholera</p>
<p>Q5. Meena is finding difficulty in reading blackboard. Doctor suggests that Meena needs to eat food rich in:</p> <p>a) Vitamin K b) Vitamin D c) Vitamin C d) Vitamin A</p>	<p>Q6. Symptoms of swelling and bleeding gums are due to deficiency of:</p> <p>a) Vitamin D b) Vitamin C c) Vitamin A d) Vitamin B</p>
<p>Q7. Anaemia can be prevented by:</p> <p>a) Eating iron rich food b) Eating vitamin a rich food c) Taking calcium d) None of the above</p>	<p>Q8. Protein deficiency causes:</p> <p>a) Scurvy b) Anaemia c) Kwashiorkor d) Malaria</p>

<p>Q9. A caregiver can be which of the followings:</p> <ul style="list-style-type: none"> a) A friend b) A family member c) A home health care worker d) All of the above 	<p>Q10. Professional ethics of caregiving work includes:</p> <ul style="list-style-type: none"> a) Respect for privacy b) Prevention of abuse c) Prohibition of physical restraint d) All of the above
<p>Q11. Marasmus occurs due to:</p> <ul style="list-style-type: none"> a) Protein-carbohydrates deficiency b) Vitamin D deficiency c) Vitamin K deficiency d) Iron deficiency 	<p>Q12. Complication of diarrhoea are:</p> <ul style="list-style-type: none"> a) Dehydration b) Electrolyte imbalance c) Malnutrition d) All of the above
<p>Q13. Tuberculosis spreads by:</p> <ul style="list-style-type: none"> a) Touching b) Coughing and sneezing c) Hugging d) None 	<p>Q14. Organ which is majorly affected by hepatitis is:</p> <ul style="list-style-type: none"> a) Liver b) Heart c) Kidneys d) Brain
<p>Q15. Cause of hepatitis can be:</p> <ul style="list-style-type: none"> a) Vitamin C deficiency b) Alcohol, medicines and Virus c) Dehydration d) Both 'A' and 'B' 	<p>Q16. Deficiency of which of the following vitamin causes pernicious anaemia:</p> <ul style="list-style-type: none"> a) Vitamin K b) Vitamin B6 c) Vitamin B12 d) Vitamin E
<p>Q17. Diarrhoea is:</p> <ul style="list-style-type: none"> a) Passage of stool for more than one time a day. b) Passage of stool for 2 times a day. c) Passage of loose stool for more than 4 times a day. d) None of the above 	<p>Q18. Vitamin K deficiency in our body leads to:</p> <ul style="list-style-type: none"> a) Delayed clotting of blood b) Night blindness c) Scurvy d) Weak bones
<p>Q19. Organism that causes Tuberculosis is:</p> <ul style="list-style-type: none"> a) Virus b) Bacteria c) Parasite d) None of the above 	<p>Q20. Which of these can increase risk of high blood pressure?</p> <ul style="list-style-type: none"> a) Obesity b) Family history of high blood pressure c) Smoking d) All of the above
<p>Q21. How does reducing salt intake help to prevent high blood pressure?</p> <ul style="list-style-type: none"> a) It reduces fluid retention in body. b) It reduces level of HDL(Good cholesterol). c) It helps keep your heart beat steady. d) It strengthen your blood vessels. 	<p>Q22. The rabies virus is passed on by contact with which part of an infected animal?</p> <ul style="list-style-type: none"> a) Skin b) Saliva c) Claws d) Hair

<p>Q23. Which of the following is not included in the local treatment of the bite wounds of the rabies?</p> <p>a) Cleaning with soap and water b) Suturing of the wounds c) Antibiotics d) Anti-rabies vaccine</p>	<p>Q24. Mode of transmission of roundworm is:</p> <p>a) Direct penetration of skin of foot b) Faecal-oral route c) Respiratory route d) Body fluids</p>
<p>Q25. Deficiency of Vitamin D and calcium causes:</p> <p>a) Painful bones and muscles b) Slow growth and development c) Increased risk of broken bones d) All of the above</p>	<p>Q26. Sign and symptoms of tuberculosis are:</p> <p>a) A bad cough that lasts for 3 weeks or longer b) Pain in chest c) Coughing up blood in sputum d) All of the above</p>
<p>Q27. Reservoir of infection of roundworm is:</p> <p>a) Man b) Cat c) Dog d) Cow</p>	<p>Q28. What does it mean to be ‘HIV-Positive’?</p> <p>a) That the person has AIDS. b) That a person is not able to spread HIV to others c) That two tests have been identified positive for HIV d) All of the above</p>
<p>Q29. Which one of the following is not a mode of transmission of HIV:</p> <p>a) Transfusion of contaminated blood b) Sharing infected needles c) Shaking hands with infected person d) Sexual contact with infected person</p>	<p>Q30. Which age group is mostly affected with Measles?</p> <p>a) 1-5 Years b) 6 months-3 years c) Less than 15 years d) More than 15 years</p>
<p>Q31. The major mode of transmission of measles is:</p> <p>a) Direct contact b) Droplet nuclei c) Contact with contaminated fomites d) All of above</p>	<p>Q32. Symptoms of Pneumonia are :</p> <p>a) Cough, Fever & Chills b) Rash & Painful joints c) Jaundice d) All of above</p>
<p>Q33. Type 1 Diabetes is primarily treated with :</p> <p>a) Diet & Exercise b) Stress management c) Insulin injection d) All of the above</p>	<p>Q34. With Type 2 Diabetes :</p> <p>a) Body does not produce insulin b) Body doesn’t respond normally to the insulin it make c) Blood sugar is always low d) All of the above</p>
<p>Q35. Rich source of vitamin c is:</p> <p>a) Amla b) Milk c) Meat d) Spinach</p>	<p>Q36. Why healthy diet and regular exercise is so important for a diabetic person?</p> <p>a) These keep depression away b) Eating raises blood sugar, exercise lowers it c) Overweight can be dangerous for diabetic person d) Both ‘B’ and ‘C’</p>

<p>Q37. Jaundice is a disease of:</p> <p>a) Liver b) Heart c) Kidney d) Brain</p>	<p>Q38. IQ score of mentally retarded child is:</p> <p>a) 90 b) 100 c) 70 d) 85</p>
<p>Q39. Which one is a characteristic of mentally retarded child?</p> <p>a) Social incompetency b) Normal intellectual functioning c) Adequate language development d) None of the above</p>	<p>Q40. The problem of mental retardation is linked with:</p> <p>a) Digestive system b) Intelligence c) Memory d) Attention</p>
<p>Q41. A person with autism finds it hard to interact with others. Which of these is an example of this:</p> <p>a) A person won't look at other people b) Person seems unaware of other's feelings toward him c) The person often doesn't respond to his name d) All of the above</p>	<p>Q42. Autism can be cured with:</p> <p>a) Behavioural therapy b) Medication c) Brain surgery d) None of above</p>
<p>Q43. What are the things to be kept in mind after birth to prevent Cerebral Palsy?</p> <p>a) Head injury should be avoided b) Child should be protected from infectious diseases of brain c) Getting vaccinated at right time d) All of the above</p>	<p>Q44. A child with visual impairment maximises learning with the help of:</p> <p>a) Display boards b) Learning aids c) Auditory system d) None of the above</p>
<p>Q45. Dyslexia is difficulty in :</p> <p>a) Reading/ Spelling b) Expressing c) Speaking d) Standing</p>	<p>Q46. How to communicate with a person with speech and language disability:</p> <p>a) Give the person your full attention b) Don't interrupt the person c) Ask the person to write if you can't understand d) All of the above</p>
<p>Q47. What behaviour of a child will indicate to a teacher that the child has visual impairment?</p> <p>a) Choosing to read the blackboard from far away b) Struggling to read and squinting eyes while doing so c) Completing worksheets with fine prints quickly d) Reading physical maps with minute details</p>	<p>Q48. What should a teacher make for a student with visual impairment?</p> <p>a) Use a lot of fine print material b) Give a lot of verbal cues to create opportunities to imagine c) Give a lot of visual demonstration d) Do a lot of blackboard work</p>
<p>Q49. A Braille system is:</p> <p>a) Books in small letters b) Audio material c) A pattern of raised dots that can be felt with fingers d) A computer software</p>	<p>Q50. Which of the following is a symptom of Glaucoma, a condition that can lead to gradual vision loss?</p> <p>a) Tunnel vision b) Double vision</p>

	<p>c) Redness of eyes d) None of the above</p>
<p>Q51. To avoid difficulty in learning of hearing impaired students the teacher should:</p> <p>a) Reduce unnecessary noise in class b) Speak clearly and correctly c) Increase the distance between student and teacher d) Both 'A' and 'B'</p>	<p>Q52. Which of these is used by people who are paralysed in the lower part of the body:</p> <p>a) Crutches b) Wheel chair c) Walker d) None of the above</p>
<p>Q53. Major problem related to Cerebral Palsy includes:</p> <p>a) Lack of co-ordination b) Speech difficulties c) Difficulty in physical movements d) All of the above</p>	<p>Q54. Which parts of the body can Leprosy affect?</p> <p>a) Teeth b) Finger nails c) Nerves, skin and eyes d) Hair</p>
<p>Q55. Prevention of mental retardation includes:</p> <p>a) Genetic counselling b) Detection and care of high risk pregnancies c) Immunisation d) All of the above</p>	<p>Q56. Ways to maintain tools and equipment are:</p> <p>a) Keep them clean b) Keep them in dry place c) Inspect for any damage d) All of the above</p>
<p>Q57. Which out of the following doesn't help in disinfecting water?</p> <p>a) Filtration b) Chlorine tablets c) Alums d) Boiling</p>	<p>Q58. Noise pollution can be minimized by:</p> <p>a) Playing music at lowest volume b) Avoiding use of heavy machines c) Making less noise while transporting tools and equipment d) All of the above</p>
<p>Q59. A child would develop mental illness if one does not get:</p> <p>a) Affection b) Encouragement c) Guidance and discipline d) All of the above</p>	<p>Q60. The solid waste from hospital is classified as:</p> <p>a) Hazardous b) Non-hazardous c) Compostable d) None of the above</p>
<p>Q61. The process of converting wet waste to manure is called:</p> <p>a) Incineration b) Composting c) Metabolism d) Conservation</p>	<p>Q62. Which is not considered a physical disability:</p> <p>a) Spinal cord injury b) Toothache c) Cerebral Palsy d) Blindness</p>

<p>Q63. To protect patient from sharp instruments injury a caregiver should :</p> <ul style="list-style-type: none"> a) Use plasticware instead of glassware if possible b) Limit the use of sharps c) Lock them up d) All of the above 	<p>Q64. Sign of mental illness are :</p> <ul style="list-style-type: none"> a) Abnormal changes in thinking, perception and judgement b) Abnormal changes in feeling and memory c) Both 'A' and 'B' d) Headache
<p>Q65. A diagnosis of mental illness is generally carried out by which of the following :</p> <ul style="list-style-type: none"> a) Clinical psychologist b) Psychiatric nurse c) A psychiatric d) Psychologist 	<p>Q66. The disorders produced by inadequate nutrients in the diet are called:</p> <ul style="list-style-type: none"> a) Deficiency diseases b) Malnutrition c) Obesity d) None of the above
<p>Q67. Which of the vitamin is synthesized in human body?</p> <ul style="list-style-type: none"> a) Vitamin D b) Vitamin C c) Vitamin K d) Vitamin B 	<p>Q68. Importance of maintaining the tools and equipment is:</p> <ul style="list-style-type: none"> a) It prolongs life span of tools b) Saves on replacement cost c) Keep items organized d) All of the above
<p>Q69. In individual with HIV , opportunistic infections are:</p> <ul style="list-style-type: none"> a) More frequent b) Less frequent c) Non existent d) None of the above 	<p>Q70. To keep working place clean you should :</p> <ul style="list-style-type: none"> a) Maintain adequate ventilation and lighting b) Remove soiled linen and pillow c) Follow all the time personal hygiene procedures d) All of the above